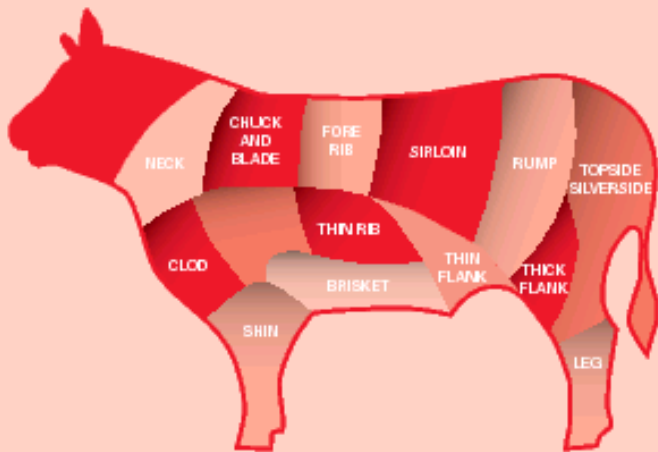
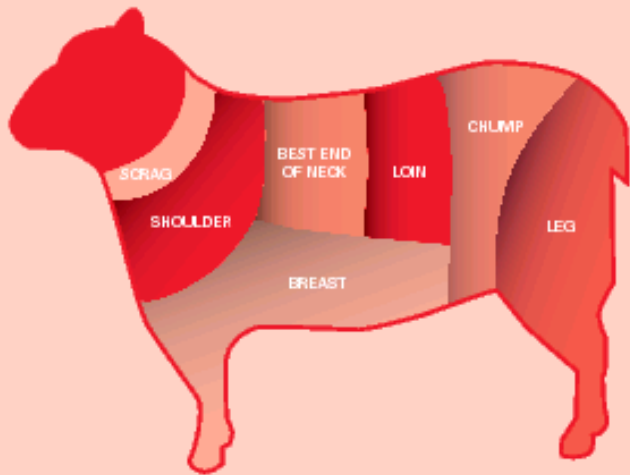


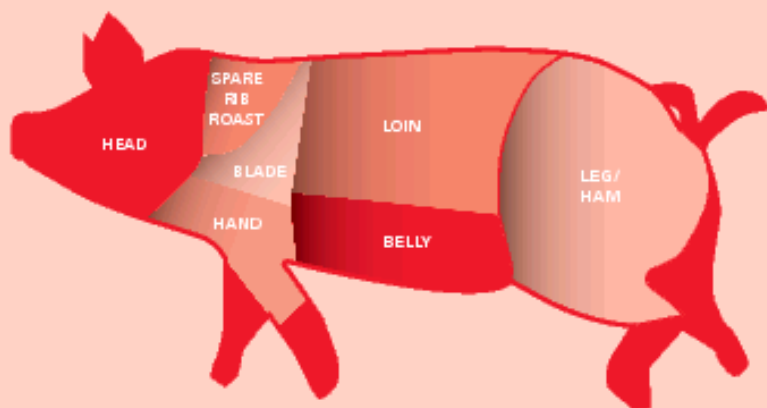
### Choose the right cut



	Frying Steak	Feather Steak	Fillet & Sirloin Steak	Rump & Rib-eye Steak	Bone-in Rib Steak	Topside & Top Rump	Rib of Beef	Wing Rib of Sirloin	Rolled Sirloin	Shin & Leg	Brisket & Silverside	Diced Steak	Oxtail
FRYING/GRIDDLING	■	■	■	■	■								
GRILLING/BARBECUES	■		■	■									
ROASTING						■	■	■	■				
SLOW COOKING		■								■	■	■	■



	Rump & Leg Steak	Chops & Cutlets	Neck Fillet	Whole / Half Leg	Part-boned Leg	Boneless Leg	Boneless Loin	Whole / Half Shoulder	Lamb Shanks	Rack of Lamb	Diced Leg
FRYING/GRIDDLING	■	■	■				■				
GRILLING/BARBECUES	■	■	■	■	■	■					■
ROASTING				■		■	■	■		■	
SLOW COOKING			■					■	■		■



	Loin & Shoulder Steak	Medallions	Chops	Escalopes	Tenderloin	Fillet	Ribs	Boneless Loin Roast	Boneless Leg Roast	Shoulder	Rack of Pork	Belly of Pork	Diced Leg
FRYING/GRIDDLING	■	■	■	■	■	■							■
GRILLING/BARBECUES	■	■	■				■						
ROASTING					■	■	■	■	■	■	■	■	
SLOW COOKING										■		■	■

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